

N4A Regional I Conference
Sunday, October 18, 2009
Hosted by St. John's University

Agenda

- 1:00-1:30pm Registration/Check-In, St. John's University
Carnesecca Arena Room 136
- 1:30-2:00pm General Session, Region I Meeting
- 2:00pm *Networking: Creating and Maintaining Professional
Connections – Justin Krass, Career Counselor*
- 3:00pm *Sports Nutrition: Fueling the College Athlete
– Mary Ellen Bingham, Nutritionist & Registered
Dietician*
- 4:00-4:30pm Campus Tour, SAAC Leaders
- 5:15pm Depart for Manhattan, Chelsea Piers, NY
(Transportation Available)
- 6:30pm Networking Social
Board Spirit Dinner Cruise, Pier 61, West 23rd Street
- 7:00pm Dinner Cruise Departs
- 10:00pm Dinner Cruise Returns
- 10:45pm Arrive at St. John's University

N4A Regional I Conference
Monday, October 19, 2009
Hosted by St. John's University

Agenda

- 8:30-9:00 Registration/Check-In, St. John's University
Carnesecca Arena Room 136
(Breakfast Served)
- 9:30-11:00am *National Consortium for Academics and Sport,
Diversity Training, Dr. Nancy S. Kaplan, Northeast
Regional Director*
- 11:15-12:15pm *NCAA Legislative Update, NCAA Eligibility Center*
- 12:15-1:15pm Lunch, President's Room, Carnesecca Arena
- 12:45-1:15pm MAAC Academic Advisor Meeting, Conference Rm 136
- 1:15-2:15pm *The Value of a Mentor: Fostering Transferable Life
Skills for Successful Transitions, Jeff McCann, Play It
Smart*
- 2:30-3:30pm *Your FAR and You: A Round Table Discussion,
Jennifer Quirk, Assist Athletic Director, FDU*
- 3:30pm Closing Region I Meeting